



Help is a phone call away....
Emergency Call 911
 Police – Fire – Medical



Where is your Emergency Go Bag?

KEEP INFORMATION UP TO DATE

Name: _____ Sex: M F
 Address: _____ Date of Birth: / /

Own Guardian? (circle one) YES NO (if NO, fill in below)

Guardian Name: _____ Home Phone #: _____
 Address: _____ Work Phone #: _____

Guardianship Status (full, limited, etc.): _____

EMERGENCY CONTACTS (1st responders, use these contacts)

Name: _____ Home Phone #: _____
 Address: _____

Relation: _____ Work Phone #: _____

Name: _____ Home Phone #: _____
 Address: _____

Relation: _____ Work Phone #: _____

ALARM COMPANY

Phone # / Pass Code for Alarm Company: _____

“POINT OF SAFETY”

Identify the safe place outside your home you would go in case of a fire (e.g.; neighbors driveway, tree at end of block, mailbox, etc.)?: _____

COMMUNICATION (“X” all areas that apply)

Verbal language: _____ Non-Verbal
 Uses Sign Language Uses Communication Device(s)

MEDICAL DATA

Last Updated: Mo Year Blood Type:
 Doctor: _____ Phone #:
 Doctor: _____ Phone #:
 Special Conditions / Remarks: Use pencil to ease making changes

Medications	

Recent Surgeries	Date

Religion: _____

Living Will on file at: _____

Health Care Proxy on file at: _____

Do you have a DNR Form? YES NO

Where is it located? _____

MEDICAL CONDITIONS (check all that exist)

- () No known medical conditions () Abnormal EKG () Angina
- () Adrenal Insufficiency () Asthma () Bleeding Disorder
- () Cardiac Dysrhythmia () Cataracts () Clotting Disorder
- () Coronary Bypass Graft () Dementia () Alzheimer's
- () Diabetes/Insulin Dependent () Eye Surgery () Glaucoma
- () Heart Valve Prosthesis () Hemodialysis () Hemolytic Anemia
- () Hypertension () Hypoglycemia () Laryngectomy () Lukemia
- () Lymphomas () Malignant Hypothermia () Memory Impaired
- () Myasthenia Gravis () Pacemaker () Renal Failure
- () Seizure Disorder () Sickle Cell Anemia () Stroke
- () Hearing Impaired () Vision Impaired () Blind () Deaf
- () Other _____

ALLERGIES (medication, food, other...)

MEDICAL INSURANCE

Med Ins Company: _____

Policy #: _____

Other Med Ins Company: _____

Policy #: _____

Medicaid #: _____ **Medicare #:** _____

PERSONAL CARE ("X" the areas where you need help)

- | | |
|------------------------------|---|
| () Dressing and Undressing | () Chewing and Swallowing |
| () Bathing or Showering | () Mobility |
| () Grooming / Personal Care | () Transferring (e.g.; bed to chair, etc.) |
| () Using the Toilet | () Taking Medications |
| () Eating | () Using the Telephone |